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redeemed<sup>2</sup>repeat<sup>INC.</sup>

THE GAME CHANGER  
NEWSLETTER

## Lasting Change for addiction, the long journey to rebuild lives

**The destruction that happens when someone is in their addiction takes years to sort through.** They are learning life skills that were neglected, rebuilding trust with family that was lied to and hurt, addressing legal and financial issues and learning to live life in the open and in the light of truth. This process does not happen overnight. For family members, they have seen "change" before only to be disappointed time after time. **It takes a long while for the walls to begin to come down and for family to be ready to trust and tackle their issues.** For the person who is excited about their new life and ready to move on, this reality can be discouraging and many people relapse at six months or a year because of this. This is why Redeemed2Repeat works with people to be ready, to be patient with their family and remember that their loved ones lived this roller coaster for years. We know this is a journey and we are committed to walk with people and help them rebuild their lives... for the long haul.

**WE HAVE THE PRIVILEGE TO BE A PART OF GOD'S ONGOING WORK OF TRANSFORMATION.**

Where the people whose stories we have shared over the past three years? What are they up to? You may read their stories and think, "Wow, this is amazing, there is no more work to be done." The reality is, they are just beginning. We wanted to update you on a few people so you can see that they are continuing to do the heart work required for lasting change. God began a good work in them and He promises to complete His work (Philippians 1:6). **We have the privilege to be a part of God's ongoing work of transformation.**

**Tracy:** Tracy is more than two and a half years sober. She continues to serve on staff with Redeemed2Repeat

and is a **vital part of ministry to other women** coming for help. Tracy's family was almost destroyed by her addiction and she continues to face the difficult task of owning her sin against her family and working through reconciliation with them. She has made her marriage a priority and in recent months deeper healing is taking place. I am so proud of Tracy. She has looked at some really harsh realities, and with the support of her discipleship team, is working through the next level of healing with her family.

**Tracy with her granddaughter.**

**Three years ago Tracy wasn't able to be with her because of her addiction. Today, she is "grandma" and loves spending time with her grandkids.**



**Michelle:** What a miracle Michelle is! She is one month shy of two years clean. Two years ago, she could hardly articulate her thoughts, was filled with anxiety and was headed to court for divorce. God has changed Michelle and after eighteen months of hard work and consistent faithful heart work, she has been reconciled with her family. She was excited to learn how to cook and clean and serve her family. She volunteers in her kids' classrooms at school and is an example to the new ladies coming to Redeemed2Repeat. **Michelle's life shines with hope for others.** Every day tasks used to overwhelm Michelle. Now she calls or texts with celebration in the everyday, mundane duties. Recently she send a text with photos of her teaching her kids to cook. What a joy!



**Michelle and her family. Two years ago this family was broken. They are proof that God restores and heals.**

**What a miracle!**

Tracy, Michelle and Jason continue to work diligently, growing in their relationship with the Lord. They exemplify the meaning of our name, repeating in the lives of others what they have been given; a new life in Jesus Christ, free from addiction!

Thank you for being a part of God's miraculous work through your prayers and financial partnership! **Your partnership makes it possible for lives to be changed and for us to walk this journey with people who were once without hope.**

*Your prayers and faithful giving brings hope for addiction!*



**Pray:** This work is tough. Your prayers are most important to us. Pray for those who are receiving help and those who are walking with those who need help.

**Give:** Help with a monthly gift or even a one-time gift. Our budget for 2017 is approximately \$84,000 (\$231 per day).

**Connect:** Like us on Facebook, follow us on Twitter and instagram (and like and share our posts), subscribe to our blog and our YouTube channel.

**Tell:** Share what God is doing in Redeemed2Repeat. Tell someone who needs help that there is hope. Will you tell one person who might want to financially support Redeemed2Repeat?

**Jason:** Jason just celebrated twelve years! Although Jason came to Redeemed2Repeat sober, he was unfulfilled and felt that something was missing. He discovered that Jesus is what was missing. How Jason has grown is remarkable! He desires to lead his family and is learning to be the husband and father he always wanted to be. He has men who are helping him to know what this looks like in everyday life and working through the challenges. Jason is also one of our disciples, working with men early in their journey. He also serves as the Redeemed2Repeat representative on the Town of Gilbert Behavioral Health Task Force Crisis Team Training Subcommittee.

**Jason and his wife, Angel were baptized in September. Jason said in his testimony "To my wife, this is the greatest honor of my life, following Jesus together and being baptized with you this day."**

**This family is forever changed!**



*Did you know?*

**PAINKILLERS MAY INCREASE PAIN**

Most people know that painkillers can be addictive, but did you know that taking opioids over a long period of time may in fact increase a patient's sensitivity to pain (hyperalgesia)? Long-term use of opiate painkillers causes a decrease in your ability to tolerate pain and an increase in sensitivity to pain. In fact, people taking opioids long term may keep having pain, or may see their pain increase, long after the original cause of pain has healed. Opiate-based treatments to get off opiates are dangerous. If you want help, find a doctor who will help you without the use of more opiates.